

BEVERLY HILLS PEDIATRICS

Eye Concerns "Cheat Sheet"

There are many different causes of pink eye or an eye with yellow discharge. Since there are many different causes of conjunctivitis and they are usually not dangerous, pink eye will not be treated over the phone. Any suspected eye concern should be seen by your doctor in the office in order to differentiate the proper cause and treatment course. Most of the causes are self resolving or can be treated with a short course of eye drops. The following is a list of common causes for a pink eye or an eye with goopy, yellow discharge.

CAUSE	SYMPTOMS	TREATMENT
Virus	Pink eye, little or no discharge	None Warm compresses
Bacterial	Pink eye, yellow discharge	Eye drops (e.g. Vigamox)
Allergic	Pink eye, watery discharge, itchy	Eye drops (e.g Patanol), Oral meds(e.g. Claritin)
Clogged Tear Duct	Clear eye, watery or yellow discharge	Massage, breast milk, warm compresses
Overflow	Clear eye, yellow discharge	None

Please use this as a quick guide - for complete information, please download the "eye concerns" pdf. **CALL YOUR DOCTOR IF: Swelling all around the eye, Eye is bulging outward (proptosis), or the eye is painful when you touch or move it.**