

BEVERLY HILLS PEDIATRICS

Medications safe to use in Breastfeeding Mothers

Brand Name (Generic Name)

Acyclovir	Imodium (Loperamide)
Advil (Ibuprofen)	Insulin
Albuterol	Kaopectate
Allopurinol	Keflex (Cephalexin)
Amoxicillin	Macrobid/Macrochantin (Nitrofurantoin)
Augmentin	Maalox (Loperamide)
Ampicillin	Milk of Magnesia
Ancef (Cefazolin)	Monistat (Miconazole)
Atrovent	Motrin (Ibuprofen)
Bactrim * after 2 months old	Nix (Permethrin)
Bactroban (Mupirocin)	Nystatin
Barium	Omnicef (Cefdinir)
Benedryl (Diphenhydramine)	Pepcid (Famotidine)
Biaxin (Clarithromycin)	Robitussin (Guaifenesin)
Ceftin (Cefprozil)	Rocephin (Ceftriaxone)
Claritin (Loratidine)	Scopolamine Patch
Colace (Docusate)	Septra *after 2 months old
Coumadin (Warfarin)	Suprax (Cefixime)
Dextromethorphan	Synthroid (Levothyroxine)
Diflucan (Fluconazole)	Tagamet (Cimetidine)
Domperidone	Tylenol
Elimite (Permethrin)	Valtrex (Valcyclovir)
Erythromycin	Xopenex
Fluoride	Zantac (Ranitidine)
Gentamicin	Zithromax (Azithromycin)
Heparin	Zyrtec (Cefirizine)
Hydrocortisone Cream *Topical	Over the Counter Counter Cough/Cold/ Sore Throat
Imitrex (Sumatriptan)	Remedies

Miscellaneous

- Many herbal supplements have not been studied and as a result have not been approved by the FDA. Their effect on nursing babies is unknown.
- Many medications such as anti-depressants (Prozac, Zoloft, Paxil) are in a category in which there are either no controlled studies in breastfeeding women, or controlled studies show only minimal non-threatening adverse effects. Because there are not enough studies to deem them "safe", each patient must weigh whether the potential benefit of taking the medication justifies the potential risk to the baby.