

BEVERLY HILLS PEDIATRICS

Medical Topics

BEE STINGS

Unfortunately, summer outdoor fun may be stymied by an occasional bee sting. If your child gets stung by a bee, scrape out the stinger. Pulling out the stinger may leave part of it in the skin and exacerbate the body's allergic reaction. Placing toothpaste or meat tenderizer on the sting are good home remedies to decrease pain. If the surrounding skin becomes red or swollen, oral Benadryl may also be given to blunt your body's allergic response. Topical 1% hydrocortisone cream may also help alleviate itching and inflammation.

Call 911 immediately if a bee sting is associated with breathing problems, wheezing, or swelling of the mouth or throat.